

Oregon Women's Sailing Association

Commodores Corner

Hello Crew,

The days are growing shorter and it is easy to feel the rush to pack in more fun and adventure before the summer is through.

Recently, I took time to help clean a sailboat in preparation for it to be sold, and reminded myself of how many unique and interesting storage places a sailboat can have. It is so easy to be prepared when you go out on a boat when you can act like a squirrel and store all your essentials for when you need them. I would love to hear how others pack and prepare for their trips and maximize the storage space.....

The sailboat I was helping with was a 30' Pearson and has been taken care of with great thought and attention by my Aunt and Uncle. They have been able to enjoy the San Juan Islands, the Canadian waters and of course the Puget Sound through the years with family and friends. Every cubby hole seemed to hold a memory of those journeys. The boat now awaits a new owner to share new times and adventures. (See the spotlight in the for sale news).

I continue to be thankful to have the joy of sailing and explore places from the water. I hope each of you will write in your summer adventures to Bonnie Adams, our new newsletter editor to share with our members.

Our Women's Race was a success as we had several classes of boats participating. Some women took the helm for the first time and others shared their skills to help build new confidence in women. I am enjoyed tangoing with the foredeck and refreshing my skills. As Michelle Bennett reminded us, we all earned a trophy "experience" the best kind of trophy to have.

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Elections for New Officers Scheduled for October Meeting

According to our bylaws New Officers are nominated and voted in to office during the October meeting and are installed into office during the December meeting.

In reality, there are very few offices that we actually vote on: they are Vice Commodore, Treasurer, and Secretary. The Vice Commodore becomes the Commodore and eventually the Rear Commodore. The remaining positions are all voluntary. Traditionally we change the reigns of all positions at this meeting.

Lucky for us, many of the Voluntary Chairs are remaining another year or have already instilled a Second Chair that will fill their chair this year. Thus we will be looking for a more Second Chair positions then First Chairs.

The following **First Chair** positions are available.

- Vice Commodore
- Social
- Life Sling

Second Chairs available are:

- Education Guppy
- Education Galley Slave
- Newsletter
- Membership and Public Relations
- Racing
- Cruising

If you are interested in volunteering for any of these positions please come to the October meeting or contact Donna or Sue Johnson.

**We will also be voting on a
increase in membership dues
from \$15.00 to \$25.00.**

Oregon Women's Sailing Association

If you Buy a Boat.
Contributed by Mary Woiccak

"If you buy a boat, it will change your life." A fellow sailor told me this, years ago, and the changes keep happening. This time the changes have brought me away from the dock in a 42' sailboat for 5 weeks in Southern California. After provisioning the boat with food and getting fuel, we headed for San Clemente Island where we anchored for two nights. We spent 10 days anchored in Catalina Harbor on Catalina Island before heading north to Santa Cruz Island and Santa Rosa Island. Back to the Isthmus at Catalina Island for a week, then on to guest docks in Long Beach, Newport Beach, Oceanside, and then again anchored in Mission Bay.

The weather was usually warm and sunny with a little wind, mostly in the afternoons. We motor/sailed a lot. The seas were generally calm with gentle rollers. We had one bumpy night, but with a stern anchor in addition to the anchor off the bow, it was more comfortable as we were heading into the waves and not rocking side to side.

I learned a lot. I found how crucial it is to have a safe, sea worthy boat with good working equipment, including GPS, back-up GPS and back-up batteries, radar, radio, auto helm, electronic charts, depth finder, and anchors. I experienced the importance of planning ahead for fuel, water, and food. We were able to buy food in Catalina and then again at grocery stores on the coast. But in some anchorages we did not even go ashore.

Nicholas, skipper and partner, is very resourceful in problem solving and repairing equipment on the boat. The auto helm broke and he had it fixed in a few days. This included taking it apart, ordering a part to be shipped overnight from New Hampshire, and then putting it back together. We also had a refrigerator that worked part of the time, but then he repaired that with an old thermostat and

I became more proficient driving the boat, starting the outboard and driving the dinghy. I learned more about the computer charts and figuring out where we were and where we were going. I experienced living in a small space with one other person for 24 hours a day. I adjusted to wearing clothes that weren't always clean and how to do laundry in the galley sink.

There is a certain feeling of anticipation when leaving an anchorage and heading out onto the ocean. Fortunately I was not ever seasick. I would eat a few ginger snaps to settle my stomach, if necessary. When we had passages of about 10-12 hours, I spent a lot of the time in the cockpit watching the water. Nicholas monitored the electronic charts and had me adjust our position on the auto helm accordingly. I also had time to read and found that doing puzzles keep me entertained. There is also a certain feeling of arriving into a harbor or an anchorage and being able to turn off the motor and stop for the night.

Some memories I have of this trip are seeing the sea lions, seals, flying fish, a couple bat rays, several shark fins, pelicans and seagulls. One morning three dolphins swam back and forth in front of the bow for about 20-30 minutes. (Definitely a highlight!) We met some very interesting people with lots of stories. We saw some beautiful sunsets and star-filled skies. The movement of the boat through the water was soothing. One morning we motored through fog. I was able to see about 2 boat lengths ahead. It was not as difficult as I had imagined, since we were using radar.

Santa Cruz Island has some beautiful cliffs and caves. We didn't explore them, but many are accessible by dinghy. I found that there are many people who cruise for different lengths of trips some for a week, some for months at a time, and some for years.

Continued on next page.

Oregon Women's Sailing Association

Mary Woiccak Article Continued.

I had some difficult times. I kept hitting my head early on. More frustrating than painful. When I was tired I found I was somewhat sensitive and not as receptive to criticism and direction. A few times I felt like I was in a very remote land. Knowing that Vessel Assist is available and that I was with a very competent sailor helped allay those fears. Some days I missed my home, garden, friends, and cat and the conveniences of home. But seeing some beautiful places, meeting some wonderful people and being out in the ocean air with all that water and sky made it so worthwhile.

Ocean cruising is so different than sailing on the river, less tacking and jibing. There is much more attention to being self-sufficient in your home on the water and going from place to place with your home.

How not to talk on Channel 16. The day that we were sailing in the fog we heard a call from a power boater who said that he was in fog and unable to see where he was. He was in 60 feet of water, near some rocks and he could hear some seals. He wanted the Coast Guard to tell him where he was. His GPS batteries had died and he did not know his position. He also asked the Coast Guard when the fog was going to lift. The Coast Guard was cool and kept telling him that he was responsible for the safety of his boat and his passengers and that he should drop an anchor. (Didn't sound like he did that!) When the fog cleared he got back on the radio and he told them he was ok and actually told them his name and that he was a retired Air Force colonel!

I was ready to return to the dock in San Diego. But I feel much more confident in my abilities to help sail the boat and to relax and enjoy the beauties of the ocean.

Commodores Corner Continued From Page 1.

Judi Davis & her Sail for the Cure committee have been hard at work tying up the details for the September 20th event. Be sure to mail in your registration form and get involved as a volunteer or crew. There is much to do and enjoy.

We can be proud of our accomplishments as well as our growth this past year. It takes all of us to be a positive crew. I encourage you to explore what you can do with OWSA whether it is, as a board member, committee member or speaker. We will be hosting elections in October for our new officers so put your thinking caps on to see what you would enjoy learning & doing.

I look forward to seeing you at the Sail for the Cure event September 20th.

Minding my P's & Q's

Donna

PS. The ol' saying of minding your P's & Q's comes from the English sailors which took time to be sure they drank enough fluid during their travels. Watching their pints & quarts. Stay hydrated.

Newsletter has a NEW LOOK

This is our very first electronic edition. And we want to hear from you.

Was it easy to open or down load?
Did it look good on your screen?
Was it easy to print if you wanted to?

Did you like the articles?
What would you like to see in the future?

Email all your comments, suggestions, and creative ideas to Bonnie Adams at smada@attbi.com. Thank You!

Ads & Announcements

FOR SALE
"Mandarin Wind"
A 1974 30' Pearson
Asking \$ 17,900

Selling due to
illness in family

Call Jeanne for details
At 360-293-0213

FOR SALE
Hobie Holder 14

\$1200

Made by Coleman

2 Dacron colored sails (main
& Jib)

Dagger board

Removable rudder

Hiking straps

Forward cubby with

New canvas

Dilly galvanized trailer
with spare tire

Call 360-293-0213

There is a new lady sailor amongst us!

Brett and I wanted to let you know that our little girl was born 8/11/03 at 12:12. She was a healthy 8lbs, 2oz. and 20 inches long. Her name is Annika Marie Phillips and her first sailing trip is scheduled for the 9/13/03 in Seattle. Thanks to all of you for your support and warm wishes while we were anxiously awaiting her arrival.



Annika is the daughter of Shannon Phillips our new Co. Chair of the Education Committee

A Service Reminder

**All OWSA Skippers and Most
Crew will need to have the
OREGON BOATERS CARD.**

Don't wait to get yours.
Check on -line for more details or come to the October
meeting to here more about classes.

Oregon Women's Sailing Association

There was much to celebrate on Saturday, September 20, 2003. The sun broke through just as Registration opened and remained with us the entire day. A breeze came up just as the "On the Water" activity began to provide an action packed adventure for the sailors. Back at camp the wonderful shore crew & volunteers waited, anticipating the arrival of the delicious picnic provided by Bugatti's and with beckoning ears, waiting to hear the first notes played by the awesome 2nd Wind Jazz Assemble.

"Hero Awards" were presented to Patricia Sherman for the individual collecting the most pledges. Patricia brought in \$300.00 and was awarded a set of foulies donated by Island Sailing Center.

Our second "Hero Award" for the boat collecting the most pledges, went to the "Channel Chicks" on "Prime Interest II, skippered by Patricia Joy Baumgart. The "Channel Chicks" from Scappoose, collected \$2,000 and were awarded an overnight stay in a beach home at Neskowin, donated by Kathy Pienovi.

There were many smiles and hugs exchanged among our 252 participants!

More to follow in our next Newsletter.
Judi Davis SFC Chair



Sail For the Cure 2003



Board Meeting Minutes

Minutes OWSA Board Meeting May 15, 2003

From notes taken by Shannon Phillips: 971-215-2398(work) - Shannon.k.phillips@intel.com

Meeting started at 6:47 p.m.

Review of minutes:

Donna had changes to the minutes for the last board meeting. Alice to update the minutes with Donna's changes and send them out for approval.

By Laws:

By Laws need to be reviewed and revised. ? offered to coordinate a meeting of a sub-committee. Suggestions for people to invite to the meeting included Linda Wanitschek, Sue Burns, Nancy Kirk, Bonnie Adams, and other previous Commodores (Linda & Sue are both Past Commodores). Rhonda will send the current By Laws to Donna. Donna will send them to the general membership and invite them to participate in revising them. It was suggested to schedule the by laws committee meeting for September, with three weeks notice to give the general membership a chance to provide comments.

The subcommittee will review feedback, using appropriate suggestions to come up with a recommended revision of the By Laws. The recommended revision will be published prior to the October General Meeting, and members attending the October meeting will vote whether to accept or reject the recommendation.

News:

Sue Johnson is looking for a coordinator for the Summer Picnic scheduled for the August General Meeting on August 13th. She will check the membership database to find out who offered to help with Social to find a volunteer.

Treasurer:

Sheila did not attend the meeting, but she did submit a report, and asked that all committee heads send projections of expenses and income to her by e-mail, with the subject line of OWSA Budget.

Social:

Sue Johnson was not in attendance but had sent the information that Edie Felix will speak at the June meeting about her adventures on Ocean Planet and the World Cup tour.

Evening Sailing:

Karen Anderson and three men have offered their boats for Wednesday Night Sailing.

Membership:

Concern over security issues with the membership data on the web. Short term solution is to print the roster for all members and include the By Laws in it. For the future, we will discuss and decide what information should be included in the roster on line and/or in print.

Mentoring:

Commodore and Linda Bean will summon the membership for women sailors who are willing to mentor other women sailors who need help learning to skipper their own boats.

Racing:

Women's Race will be held the third weekend in August, co-hosted by OWSA and CYC (Corinthian Yacht Club).

Life Sling:

Flyers for the Life Sling class went out to 21 different clubs. The class is scheduled for Saturday, August 16, with the morning classroom portion at RCYC (Rose City Yacht Club). Lunch will be included.

Linda Plagainis and some of the instructors are working on a new slide presentation with updated content and revised format. She is also working with West Marine for additional training materials.

A Train the Trainer session is being scheduled to get new trainers and update existing trainers' skills.

Education:

The On the Water class went very well, but was very cold. Will try to schedule it for a couple of weeks later next year.

Michelle recommends a feedback form, consideration of boaters' skill levels, consider defining class name to capture skill level. Have instructors participate more in the classroom part of the class.

Gail is looking for instructors for class sections. Linda P. offered to do a class on set up and breakdown of a trailerable sailboat. It only takes her and her husband 45 minutes from trailer to sailing

The education committee is working on a road map

Website:

Needs updating of membership roster and Sail for the Cure information.

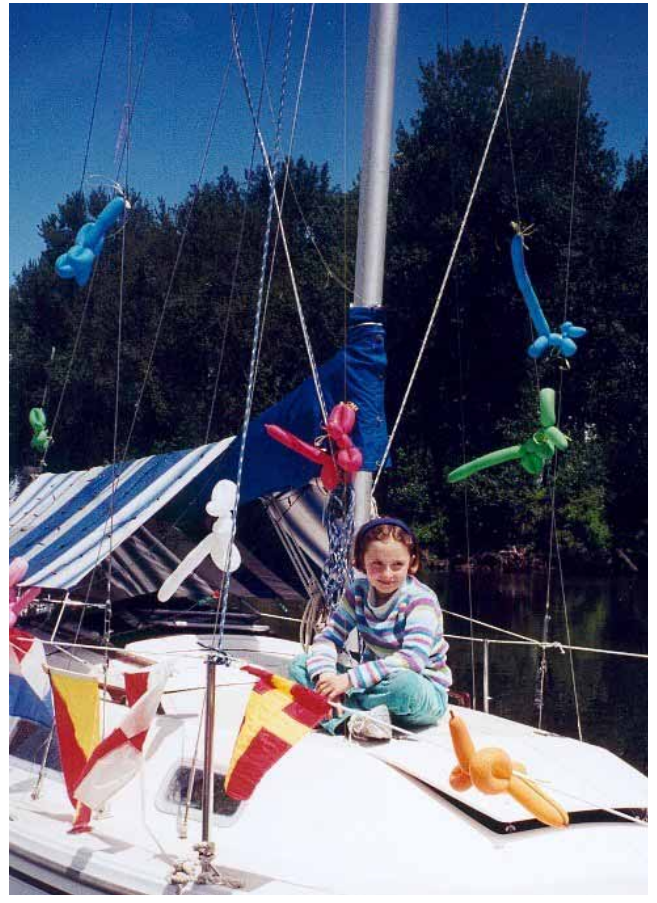
Newsletter:

Alice is running behind, and it was recommended that she combine her current draft with new information and produce one spring issue instead of separate April and June issues, and will publish minutes from both this meeting and the last one. She is hoping to start a committee to work together on future newsletters.

The Best Mothers Day Ever

The Saturday morning before mother's day, we were up bright and early, got the house chores done, and then took off to do a little sailing. I had planned a Mother-Daughter sleepover for that evening with my two daughters, Gaela, 12, and Sierra 7.

My husband, Daniel was going out sailing with us, and two friends joined us at the doc. We sailed up to McCuddys, tacked around a bit and headed downriver. Not too much wind, so we kind of drifted back to the I-5 Bridge. After floating around a bit, we decided to head back in. Our friends headed home, and after putting on the sail covers, we headed over to BJ's for some dinner. Burgers and margaritas went down well after a warm day out. We all split one of their giant pizza-cookies topped with ice cream for dessert. The girls and I left for our Mother-Daughter sleep-over. It was a peaceful evening, and the sun had just gone down. We read "Hank the CowDog" aloud, watched a little TV on the 5" B&W, then snuggled down for a snooze in the stern berth, the boat gently rocking us to sleep.



I awoke in the middle of the night to the tide going out, and moonlight on the water. It almost looked like we were moving across the water! I felt like I had just drifted off to sleep, when the hatch slid open. I thought I must have been dreaming - then a basket filled with flowers and fruit appeared, followed soon after by my hubby! He set the basket on the table and disappeared again, returning soon after with Lattes, hot chocolate for the girls, and fresh croissants! Getting up to investigate, I found the basket also had a small bottle of champagne, two glasses and fresh OJ - and best of all, was dotted here and there with little chocolate truffles (made by my hubby, who makes the best truffles in the world!).

We brought pillows and blankies up to the cockpit, and munched on croissants, and sipped Mimosas. The girls shared their breakfast with a family of geese - not the truffles, of course! Sierra and I curled up in the bow for a couple rounds of chess, and Gaela read Hank the CowDog to her dad. All-in-all a very relaxing morning in a most idyllic setting! Definitely the Best Mothers Day Ever!

Contributed by Sandra Bes



Strength of Women

LADIES CRUISE



The dark stormy sky does not dampen the spirits of the three women who plan to sail The Q for the first time together. The mission: to make it safely to the Ladies Cruise destination. The skipper is a bit nervous, recognizing the pull of the current when she backs her boat away from the dock for a perfect beginning. Safely on our way, Sue phones her friends in a boat up ahead. Great she thinks, for now she assumes she won't have to worry about the docking point, the other boat knows the way. Unbeknownst to her the motor begins to sing a high pitched song. This worries her; she takes out her cell phone and calls her husband. He guides her to return to the dock and he'll be right down to check it out. Sue waves her friends on and tells them, she'll meet them later. Damn, I think to myself. A false start. Are we going to get to go?

Once docked, Sue's husband shows up along with a friend. Who both begin trouble shooting. They apologize for the delay, recognizing that there isn't a task more important than getting the boat in safe operating condition and sending us on our way. They are quick and efficient. It is only about an hour delay. No worries now. If the engine starts to whine, just turn off the key.

With OWSA's basic education class under my belt and a tour of the boat, I'm feeling like I could drive a little. We all get the chance. Happily we run into Karen's boat, the Pegasus. She knows the way!

The docking point is well organized by the ladies from the Portland Yacht Club. Two members ride in the dingy out to safely guide the new coming boats into to dock. There are land crews ready to catch your lines for a smooth, scratch free landing. Safely tied up, introductions are in order. I met so many women, that I can't remember their names, but I can remember their costumes and their laughter. There is strength, humor, imagination, compassion and helpfulness found in the women I met. There was none of the "cattiness" found in idle women, for these people were skilled in many different areas.

Oregon Women's Sailing Association



I was thrilled to get to ride in the dingy out to help guide boats in. I was in the dingy when a single skipper guided her boat in. I was a bit nervous about her, being the novice I am, I would never think about sailing alone, but several women did just that! This skipper had gotten caught in the hail storm and was freezing, but she managed to very calmly continue the tasks needed on her boat to guide it in safely. I was amazed! I was informed; she is a seasoned sailor and did things correctly, by not over reacting and calmly completing the tasks. Inside I wondered would I ever get to that point. If you know me, I tend to move fast and want to do everything at once. I learned a lesson here. Be methodical, thorough and move smoothly.

Once the boats were docked festivities began. I had never seen such organization! Everyone brought what they needed to. Good food, beverages and enlightening conversations with strangers. I felt as if I was taking a trip much farther than Swann Island.

In the evening there was dancing at the Boondogle and playing Cranium the next night. Daytime festivities included decorating your boat, costume changes, skits, raffles and, of course, food. I was informed by PYC, that next year we need to come prepared with costumes, a skit and boat decorations. Since it was our first year, we were not quite prepared for the competition! Watch out next year PYC.

Another lesson I learned that I hope to carry with me, is the body ages, but it's the mind that projects the feeling. I loved the ladies from PYC and their costumes. Once again they won the costume contest. The costumes were absolutely outrageous; however, that's not why I voted for them. I voted for them because of the wonderful childlike feelings they portrayed as they sauntered around. It was as if they were the cute little toddlers who were finally able to escape their bath and were allowed to run naked and freely around the house, not caring what they looked like, but just wanting to be free and have fun!. It takes a lot of knowing who you are to be able to successfully carry the feelings across.

Adventures on land took you through roads and pastures that led to an osprey's nest, a pond with white cranes and lots of mud. Mud that I soon learned would track up the entire stern of the Q. I found myself washing down the stern so it wouldn't look so bad. Next time I will bring different shoes!

Sunday came quickly and everyone packed up and went home.

Again the "working together" atmosphere continued, as everyone helped each other clean up the scene and leave safely.

What I came away with from my first Ladies' Cruise is the feeling that if I was ever out having difficulties on the river, this is the group of people I would want to help me out. It feels good to know with all of the media garbage out there, that inside this world of ours, we have women of strength and courage. Thank you one and all for helping make my first Ladies' Cruise and enjoyable memory.



OWSA and CYC Women's Race 2003

August was another spectacular summer month out on the Columbia River. Great winds and some beautiful sailing days. OWSA and CYC hosted the Women's Race August 23rd. All the participants and committee members got a purple 2003 OWSA/CYC Women's Race T-shirt. The trophies were some really nifty acrylic sailboats with sails that moved. This race isn't so much about the trophies but about getting women out to race. We had lots of women out on the water who don't normally race, all enjoying this regatta. We even had some first-time skippers. As Bill Schanen, editor and publisher of Sailing Magazine wrote in the February 2003 issue: "The sailing trophies that count are the experiences." We also had a good turn-out of experienced racers.

Some Cal 20 owners generously lent their boats for the event. CYC supported the race by providing the Race Committee. Bryce Smith and his crew were able to conduct three races on a beautiful Saturday afternoon. Afterwards there was an awards presentation at the Sextant Tavern out on the patio, which was perfect. A very nice spread was put out by the Sextant, compliments of OWSA. That same evening the Sextant Tavern donated a stereo system to OWSA to be auctioned at the Sail for the Cure's silent auction. This was a really great event that came off so well because of all those who participated and contributed towards its success.

The following are the results.

PHRF Class:

1 st	Apple Pi	Dena Kent
2 nd	Bob	Karen Anderson
3 rd	Rain Cloud	Anna McCoy
4 th	Solla Sollew	Mary Hartel

Cal 20 Class:

1 st	River Rose	Michelle Bennett
2 nd	Escape from LA	Susan Coulson
3 rd	Sunshine	Michelle Mattraw
4 th	Three Stooges	Melissa Bernard
5 th	Wind Wagon	Linda Wanitschek
6 th	Respesage	Susan Estes

The 2004 Portland Boat Show is
Coming Soon!

January 3rd thru January 11th

Last year was a great big success, thanks
to all of your participation.

We will be discussing and signing up
volunteers for this event at the general
October meeting.

General Meetings

2nd Wednesday of Even months.

Feb, April, June, Oct, Dec

Rose City Yacht Club
3737 NE Marine Drive,
Portland OR

Gate opens 6:00 PM to 7:30 PM

Meetings start at 6:15 PM

August is held at a Park

Board Meetings

2nd Wednesday of odd months

Locations TBA

Oregon Women's Sailing Association

Commodore	Donna Krebsbach	360-834-0615	donna_krebsbach@ml.com
Vice Commodore	Sue Johnson	503-661-7199	Larry.m.johnson@worldnet.att.net
Rear Commodore	Mary Stupi-Brocks	503-244-8739	stupi.mary@emeryworld.com
Secretary/Historian	Frances Fisher	503-283-8545	Frannbcg@aol.com
Treasurer	Sheila Drews	503-649-6750	OWSAMembers@yahoo.com
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Racing	Michelle Bennett	503-246-4886	michelle@teleport.com
Racing	Michelle Matraw	503-697-7303	
LifeSling	Linda Plaganis	503-631-2821	ainigma@uswest.net
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Website Administrator	Mrya Harrel-Fleming		m.harrellfleming@attbi.com
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Sail for the Cure	Judi Davis		
Boat Show Coordinator	Stephanie Bartelt	503-228-9801166	Stephanie@hasson.com
OWSA PO BOX	PO BOX 17615		Portland, OR 97217

October Meeting

Wednesday

October 8th

Rose City Yacht Club
East of 33rd Ave on Marine Drive

6:30 PM Social Begins
7:00 PM Meeting Begins

Planning for 2004
Elections and Volunteer opportunities
**Vote on increase of yearly dues
from \$15.00 to \$25.00**